

MORGAN Human Resource Management

Happy and Safe 2018

I trust those that were lucky to have a break or even better, are still on a break enjoyed the opportunity to spend time with family and friends.

Sun Cancer

The importance of protecting ourselves from the effects of UV rays cannot be over emphasised whether at work or home. The photo below of a family member shows the aftermath of not one but two day surgeries to remove a number of Sun Cancers. Treatment included removing cartilage from an ear and removal of flesh from one part of the face to rebuild a portion of the nose.



Some simple tips:

1. Apply sunscreen at least 20 min before going outdoors, slip, slop, slap.
2. Wear a wide brimmed hat and sun glasses
3. Consider UV rating of protective clothing
4. Minimise UV exposure particularly at peak time during the middle of the day
5. Fair skinned people (as per photo) need to be particularly aware and careful

Anabolic Steroids

This was recently an issue at a workplace and thought worthy of sharing. A search of the internet revealed the following:

Is it illegal to use and possess anabolic steroids in NSW?

Yes. If you are found to possess, supply or administer anabolic steroids to another person it is an offence under the Poisons and Therapeutic Goods Act 1966. Penalties for breach of this Act include fines and/or imprisonment.

This type of issue gives emphasis on the need for a Drug and Alcohol Policy and where necessary that it is applied.

Audiometric Testing of Workers

I have confirmed with SafeWork, 2/1/18 that the requirements of the Work Health & Safety Regulations 2011, Clause 58, Audio Metric Testing have been postponed until at least 31 December 2018.

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Graham Morgan

Mobile: 0418 465 510
Email: gmorgan@mhrm.com.au
Web: www.mhrm.com.au
 www.facebook.com/mhrm2000